

CONTINUE YOUR EVOLUTION

Make May the month you push yourself to grow by signing up for a course or workshop.

>> Further education:

Intelligent Partners is a consultancy firm offering support and advice to adults who want to go back to school or university for training or certificates. They are full of information on entry requirements and the application process for educational institutions around the world. Visit www.intelligentgulf.com.

>> Personal development:

If you have a goal which appears to be just out of your reach, sign up for Future Perfect, a two-day workshop which will help you identify your dreams and show you how to get there. Dh1,500, visit www.outwiththedots.com.